



WARREN COUNTY 4-H NEWSLETTER



..... April/May 2023



Cooperative Extension Service
Warren County
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www.warrencountyextension.com

Office Hours:
Monday-Friday
8:00 a.m. to 4:30 p.m.
(With the exception of Holidays)

SoKy Fair: July 24-29

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Want to stop summer boredom before it sets in? Why not keep your mind focused and start a project for the SOKY Fair? Warren County 4-H SoKy Fair Floral Hall will be happening on Monday, July 24th. The 4-H Project Booklet is included in this newsletter. Read your information carefully. Remember you must adhere to rules and regulations as established in the publication. The link to the SoKY Fair booklet is <https://www.warrencountyextension.com/soky-fair>. On July 24th, youth will need to bring their exhibit(s) to the Jaycee Pavilion at Lampkin Park from 9:00-11:00 a.m. to be checked in. Be watching e-mails for additional SoKy Fair Projects Days and fair ideas throughout the summer.

The exhibits will be judged and displayed that afternoon for the opening day of the SoKy Fair. Once again, State Fair entries will be selected from SoKy Fair 4-H project exhibit champions. The State Fair is scheduled for August 17-27 in Louisville, KY.

Julie serves as contact agent for the SoKy Fair Exhibit Hall.



Farmer Thank You!!

Each year during March, Warren County farmers have the chance to contribute to the Ag Tag Program when they renew their license plates. This is a \$10 donation towards 4-H, FFA, and KY Proud. Our county and state 4-H and FFA programs benefit from these donations. Each year since inception Warren County has led the state in donations. **THANK YOU WARREN COUNTY FARMERS!** This

donation/investment in tomorrow's leaders goes toward registration fees and transportation costs to leadership programs. A special thank you to the Warren County Court Clerk's Office, Lynette Yates and staff for supporting this worthwhile program! *Julie and Janet both serve as contacts for the Ag Tag Program.*



The Warren Co. 4-H
Newsletter is brought to you
by your County Extension
Agents for 4-H Youth
Development

Janet Turley
Janet Turley

Julie R. Brown
Julie R. Brown



Art Day Camp

Save the Date for Art Day Camp on Wednesday, May 31 from 9:00-3:00 p.m. at the Warren County Extension Office. The day camp is open to any 9–18-year-old youth. Youth will make 4-5 different projects that can be entered into SoKy Fair in July. The cost to participate in the workshop is \$25 and it will include lunch and projects. RSVP will start on May 1st.



Julie is the contact agent for the art day camp.

Farm Bureau Donates to 4-H

Special thanks to the Warren County Farm Bureau for inviting 4-H officers to speak to their members about 4-H and for donating \$499 to the Warren County 4-H Program. Our officers, Isaac and Piper Hosay, Leadership Club President and Secretary, really enjoyed interacting with the members. It’s always a pleasure to visit with our farmers!



4-H Summit



Seven teens and tweens attended 4-H Summit in March. This year’s summit was held at West KY 4-H Camp. This mini conference introduced participants to leadership activities, networking, and comradery. For many, this

experience will jump start a 4-H member towards more active leadership roles in 4-H and the community. Avery Cole, State Teen Council, Harrison Shaff, Shooting Sports Teen Leadership Board, and Ashlyn Waters, Fashion Leadership Teen Leadership Board assisted at this event. We can’t wait to see what the future holds for these bright young stars.

Julie is the contact agent for 4-H Summit.

Area Tractor Driving Contest: June 12

Mark your calendars for the Area Lawn and Tractor Driving Contest for June 12 at the Metcalfe County Fair Grounds. The 4-H members will have to drive a zero-turn lawn mower through an obstacle course along with having to back a wagon into a “barn”. They will also have to take a safety test as well. If you are interested in competing in the contest, please let Julie know by June 1st.

Julie is the contact agent for Tractor Driving Contest.



Dog Camp Fun

KENTUCKY 4-H DOG PROGRAM



Pass the bone please! 9 4-H’ers and 6 dogs attended 4-H Dog Camp on Saturday, March 25. This all day event taught our 2 legged and 4 legged friends about obedience, showmanship, rally and agility. Highlights included Piper Hosay’s winning dog logo featured on 4-H Camp shirts, a fun and interactive

Kahoots game won by Bailey Belcher, a K-9 presentation from the Warren County Sherriff’s Department and a yummy lunch. Special thanks to our dog workshop leaders: Sandy Otto and Tori Langman. *Janet coordinated the 4-H Dog Camp and is also contact agent for the 4-H Dog Club.*

f LIKE US ON FACEBOOK

Warren County 4-H is on Facebook!! Just “like” our page to stay updated with photos from our events as well as for a look at what is coming up on the schedule.

www.facebook.com/warrencounty4H

And That's a Hatch!

What comes first, the chicken or the egg? 4-H poultry project members conducted a chicken incubation project at the Extension Office in March. Several members brought in eggs to hatch. And hatch they did! If you were at the Extension office during the hatch you may have seen them hatching or at least saw them playing in their temporary home. All chicks were claimed by their owners. Another chick incubation project will happen in the fall. Special thanks to Julie Sweets, 4-H Poultry Project Leader for conducting this program!

Janet is the contact agent for the 4-H Poultry Club and Julie is the contact for chick incubation projects.



Fort Campbell Tour & Donation

Thank you to everyone who donated towards the Fort Campbell donation drive. These donations were taken to Fort Campbell on Tuesday, April 4 for distribution to families on the base. While at the base, thirty-three 4-H members, parents, leaders and agent toured the base. It was an excellent tour. A special shout out to Christopher Sweets for organizing this community service project! *Janet was the contact agent for the Fort Campbell tour and donation drive.*



Valentine's Day Project Wrap-Up



This was the 5th year for the Valentine's Day Project that was started back in 2019 by Isaac Hosay, and now his sister, Piper Hosay, is leading the project. This project encouraged others to help make a

difference by making a Valentine Card for elderly or adults with special needs who would not otherwise receive a card. They received over 1,200 cards this year totaling over 5,100 Valentine's Day cards that have been distributed across Warren County and Kentucky. The Leadership 4-H Club also went to Village Manor and played Valentine Bingo with prizes for the residents. Thank you for everyone's help with this project.

4-H Capitol Experience



Each year Julie and Janet take 4-H members, parents, and leaders to Frankfort to see our capitol. This year was no different. A total of 17 youth and parents attended. Participants toured the capitol and met with legislators Senator Max Wise and Representative Robert Duvall, toured the old capitol, KY History Museum, and the KY War Museum.

Julie is the contact agent for Capitol Experience.

W E L C O M E

Olivia Blount is our new Staff Assistant! We are so happy to have Olivia join us here at the Warren County Cooperative Extension Office!



Tracy Falk is our new Warren County Snap Educator! We are thrilled to have her join our team at the Warren County Cooperative Extension Office!



Warren County 4-H Welcomes Newest 4-H Agent!



If you haven't heard the news yet, Warren County has gained another 4-H Agent. Jacob Hall has recently hired on with Kentucky State University, who has recently hired an Extension Staff and will be located at 400 East Main Avenue, Suite 201 in downtown

Bowling Green. Jacob will be working closely with us and throughout Warren County conducting 4-H programming. His background is in horticulture, floriculture and construction management. We are very excited to see Jacob's talents merge with ours! Jacob's contact information is: 270-282-0982 ext. 1007 or Jacob.hall@kysu.edu.



Summer Intern

Both Julie and Janet are excited to announce that we will have a 4-H intern this summer. Congratulations to Anna Sweets who will start on May 22nd. Anna is not a stranger to 4-H since she grew up in the Warren County 4-H program and achieved the highest honor one can achieve in the 4-H program...Emerald Award. Anna will now get to see "life on the other side". Join us in welcoming Anna in an official capacity this summer!



Fundraising Projects



Do you need help paying for summer 4-H events like 4-H Camp, Cloverbud Camp, District/State Horse Show, and/or Teen Conference? The 4-H Council has a couple of fundraising opportunities to help pay for these trips or other projects your child wants to participate in. The first opportunity is selling Krispy Kreme Doughnut Certificates. The order form for the certificate has to be turned in by April 17th. The cost of the certificates are \$12 and the 4-H member will make \$5 to help pay for 4-H expenses.

The second fundraising opportunity is Nothing Bundt Cakes fundraiser that will begin on May 1st and form need to be turned in on May 22nd. The cakes are \$6 each and 4-H member will make \$2 to help pay for 4-H expenses. The flavor of the month will be Key Lime Pie. The cakes will be delivered on June 8th.

Both of the fundraiser order forms can be found on our website <https://www.warrencountyextension.com/4-h-camp>

Meal Planning

Make mealtime easier by planning a weekly menu of your meals. Post your weekly meal plan in a place where everyone can see it — the refrigerator door is always a good spot. Here are some tips to get started planning weekly meals.

- See what you already have. Look in your freezer, cabinets, and fridge. You can save money by using these items in planned meals.
- Write down recipes to try. Find new ideas for healthy and budget-friendly meals based on what you have, foods your family enjoys, and foods that are good buys.

- Make a grocery list. Write your grocery list by store section to make shopping quick and easy.
- Buy a mix of fresh, frozen, and shelf-stable items. Plan for a mix of fresh, frozen, and shelf-stable foods for your meals. Eat fresh food first so it does not go bad. Stock your freezer and pantry with items you can eat later.

Adapted from USDA, MyPlate



WARREN COUNTY 4-H CALENDAR

The following is a listing of upcoming 4-H events and activities. Anyone needing additional information concerning any of these events prior to our next mailing can contact our office:

By Phone: (270) 842-1681
By Email: Janet Turley ~ jturley@uky.edu • Julie Brown ~ julie.brown@uky.edu
By Mail: 5162 Russellville Road; Bowling Green, KY 42101

A P R I L

April 17 Shooting Sports Safety Mtg @ 6pm
April 29 Emerald Gala @ Glassworks, Louisville

M A Y

May 24 Livestock Hours Completed Deadline
May 31 Art Day Camp @ WCEO @ 9am-3pm

J U N E

June 3 Shooting Sports Tournament @ Green River Gun Club
June 12 Area Lawn & Tractor Driving Contest @ Metcalfe Co. Fairgrounds
June 30– July 2 Cloverbud Camp @ West KY 4-H Camp

J U L Y

July 17-21 4-H Camp @ West KY 4-H Camp
July 24-29 SoKy Fair

Congress Design Team

Congratulations to Avery Cole who was selected out of 80 applicants to be on the National 4-H Congress Design Team. This is a huge accomplishment. Avery is only the 2nd Kentucky 4-H member in history to serve on this national team. She's in good company since Agriculture Commissioner Ryan Quarles was the 1st 4-H member to serve on this team! We know Avery will serve not only Warren County but Kentucky 4-H well! *Julie is the contact agent for National 4-H Congress.*

School Enrichment Activities

Both Janet and Julie have been busy extending the reach of Extension and 4-H by conducting numerous school enrichment activities. The following schools have participated in the following programs: Reality Store (Warren East Middle School), Dollars and Sense (Bristow, Jody Richards, Rich Pond, Warren Elementary), Nutrition/Cooking Program (Potter Gray, Richardsville, Rich Pond, South Warren Middle and South Warren High), Babysitting Classes (South Warren Middle School), Mental Health Awareness (Lost River, Rich Pond, South Warren Middle/High School), and Ag in the Classroom (Jody Richards). Contact *Janet and/or Julie to see about getting a specific school enrichment program for your school.*

4-H Camp

Are you looking for adventure all in one spot? Swimming, canoeing, rappelling, shooting sports, nature, crafts, outdoor games, cooking classes and the list goes on. Look no further than 4-H Camp. It is only 90 miles west at the West



Kentucky 4-H Camp in Dawson Springs and we will even get you there! This is a camp for nearly the entire family. We take 3rd grade students all the way up to 15 year olds. And we need teens, 16-17, and adults 18 and up to help supervise and play with our campers. So why not you? Applications are due now until camp is full. Early bird registration is until April 14 at \$285. After this date campers will pay \$300. All teens and adults will be free! Contact the Warren County Extension Office for more information or go to our website at: <https://www.warrencountyextension.com/4-h-camp>. *Both Janet and Julie are contact agents for 4-H Camp.*

YAIP Funds Awarded

The Warren County 4-H Council is once again administering the Youth Agriculture Incentives Program (YAIP) sponsored by the Kentucky Agriculture Development Fund. Our council received \$25,000 to be divided evenly amongst 38 applicants. Youth recipients will receive up to \$657.89 to fund agriculture projects. This is a 50-50 cost share program. Reports and receipts are due no later than August 15, 2023. *Janet is the contact agent for the YAIP program.*

Emerald Gala- Get Your Tickets Now!

Don't miss out on the chance to put on your fancy duds to celebrate 4-H and last year's Emerald winners. Isaac Hosay, 2022 Emerald Winner, will be celebrated at this annual fundraising event. The date is April 29, 2023 and will be held at Glassworks in Louisville, KY. Tickets are \$150/person and up. Go to the following website for more information: <https://kentucky4hfoundation.org/wp/gala/>.

Both Janet and Julie are contact agents for Emerald Gala.



Showing Livestock This Year?

4-H members showing livestock must attend at least 6 hours of education under a certified livestock volunteer. Check with Jessica Steele, 4-H Livestock Leader, if you are concerned about your hours. All hours must be completed by May 24. If showing market animals (hogs, lambs, goats) go to the following website to understand the rules and to learn when and where to order KUIP tags: <http://afs.ca.uky.edu/4h-youth/validations>. Make sure you check out the **2023 Guidelines for Validating Market Animals in Kentucky**. All animals must be tagged by May 24. If showing breeding animals, the



nomination forms need to be completed no later than June 1.

Janet is the contact agent for 4-H Livestock.

4-H Cloverbud Camp in June



The 4-H Cloverbud Camp will be held on June 30-July 2 at West Kentucky 4-H Camp. The Cloverbud Camp is open to 5–8-year-olds and is designed for campers and parents who are not ready for a full week of a residential camping experience. The cost is \$135 per cloverbud and \$125 adults/teens, this includes meals, lodging, supplies, and t-shirt.

While at Cloverbud Camp campers will still participate in all the traditional camp activities offered at 4-H Camp, including crafts, cooking, canoeing, swimming, and recreation, as well as fun nighttime activities.

Julie serves as the contact agent for Cloverbud Camp.

SHOOTING SPORTS NEWS

Last Chance to Join Shooting Sports!

Are you interested in learning more about shooting sports? More specifically—archery, rifle, pistol, black powder, and/or trap? Certified 4-H Shooting Sports coaches teach youth about basic firearm safety and marksmanship. Participants will have the opportunity to practice weekly throughout the summer until mid-September. Every participant must attend a safety training. The 3rd and last safety training will be **Monday, April 17 at 6 p.m.** A big shout out to all 23 of our certified shooting sports coaches that dedicate their summer towards educating youth about shooting sports. Cheers to them! Darrel and Julie Sweets, wc4hss@gmail.com, are coordinators of our program. Mark your calendars for the Mock Range—Monday, April 24 from 6-8 p.m. at the Extension Office. *Janet is the contact agent for shooting sports.*



4-H Shooting Sports Event: JUNE 3rd

The 4-H Shooting Sports Club will be hosting their 2nd annual 4-H Shooting Sports tournament on Saturday, June 3 at the Green River Gun Club. This all day event will feature events in: rifle, pistol, archery, black powder and trap. This shoot is open to all 4-H Shooting Sports members in the state. This is our largest fund raising event and if you are interested in participating or volunteering, please contact Darrel or Julie Sweets at wc4hss@gmail.com.

Janet is the contact agent for 4-H Shooting Sports.

HORSE NEWS

4-H Horse Club members have been “saddling up” all winter and increasing their equine knowledge. From monthly club meeting nights, to ride nights, to the *4 the Love of Horses*, to horse bowl meetings, members have been engaged with horses. Special thanks to Diane Cole, Amanda Cole, Tracie Rotermann, and Nikki Bennett—our 4-H Horse Club Leaders, for providing hands-on engagement. Dates to look forward to:

April 20-22- 4-H Horse Camp

April 22- Area 4-H Hippology and Horse Judging Contest (Registration due April 10)

May 8- District Horse Show Registration due to Extension Offices

May 15- Online Eligibility Form Due; Educational Hours Due; State Show Entry Form Due Use the following link: <http://afs.ca.uky.edu/4h-youth/horse/show-rules-regulations-resources>

June 5- District 6 4-H Horse Show, Bowling Green Expo Center (Registration due May 8 to Extension Office)

June 7- State 4-H Horse Judging Contest- Spy Coast Farm, Lexington (Registration due May 19 to Janet)

June 8-9- State 4-H Horse Contests (Registration due by May 19 to Janet)—Hardin County Ext. Office

June 24-29- State 4-H Horse Show (Registration due May 15 to Dr. Carmargo)

August 2-6- Southern Regional 4-H Horse Championships, Perry, GA



TEEN CORNER

Teen Leadership Lock-In

Allen County hosted a 4-H Leadership Lock-in on January 27-28. A total of 12 teens, both agents and 1 adult leader attended. A full night of fun was had by all. Not only did the teens engage in leadership activities they also got to interact and play. Highlights included: movies, swimming, basketball, gaga ball, card games and just plain fun.

Janet was the contact agent for Teen Leadership Lock-In.

Teens Power Up!

Teens looking for a place to give or gain leadership skills should look at the following Kentucky 4-H Teen Leadership Boards: 1) Fashion Leadership Board, 2) Performing Arts Troupe, 3) Science, Engineering and Technology (SET) Leadership Board, 4) Shooting Sports Ambassadors and 5) State Teen Council. If you are interested in any of these boards, please contact Janet as soon as possible. State Teen Council applications are due to Janet by April 14. All other board applications are due to Janet by May 1.

Janet is the contact agent for Teen Leadership Boards.

Teen Leadership Boards

Warren County has 4 teens represented on state leadership boards. They have been busy this year attending their state meetings, teaching workshops at summit and in one case traveling all the way to Washington, DC (Josh Martin) to teach at a national conference! Congratulations to the following teens: Harrison Shaff, Shooting Sports Ambassador Board; Ashlyn Waters, Fashion Leadership Board; Josh Martin, SET Board, and Avery Cole, State Teen Council.

KY 4-H Officer Slating

Slating of KY 4-H Officers will be April 27-27 in Shelbyville, KY. This is the time period when teens wanting to run for state officer will go before a committee to interview for president, vice-president, secretary, treasurer and reporter. Let's wish Avery Cole, Warren County 4-H Member, the best of luck during this process. GO AVERY!!

Janet is the contact agent for officer candidates.

Achievement Winners- \$\$\$

Warren County 4-H members who earned state level recognition for Bronze, Silver, and Gold Achievement will receive the following scholarships for Teen Conference. Gold- \$200 scholarship; Silver- \$133.34 scholarship; Bronze- \$66.66 scholarship. The total price of Teen Conference is \$200. Congratulations to our Bronze Winner who is eligible to attend Teen Conference: Neal Brown; Silver Winners: Christopher Sweets, Layna Taylor, & Anabeth Webster; Gold: Grace Graham and Jonas Hosay. Avenley Cole and Piper Hosay earned Bronze awards but are too young to attend Teen Conference.

Julie is the contact agent for Achievement and Janet is the contact agent for Teen Conference.

4-H's Long-reaching Effects

Compared to other youth, 4-Hers are:

4x more likely to contribute to their communities

2x more likely to be civically active

2x more likely to make healthier lifestyle choices

