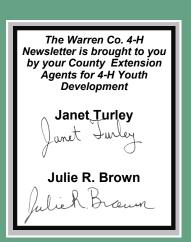


WARREN COUNTY 4-H NEWSLETTER

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Office Hours: Monday-Friday 8:00 a.m. to 4:30 p.m. (With the exception of Holidays)



🏶 ······September/October 2024 ······



4-H Kick-off Night

Kick-off Night Was a Huge Success! Over 650 youth and adults attended Kick-Off Night on August 29! Many thanks to our club leaders who showcased twenty-one different clubs. If you missed Kick-Off Night, it is not too late to join. For the 2024-2025 program year Warren County is offering 23 different clubs: **Community Clubs**: Cloverbud & Helping Hands

Project Clubs: Alpaca Angels, Art 2 Dream, Art Club, Cloverbud Alpaca Club, Cooking, Dog, Homeschool, Horse, Leadership, Lifeskills, Livestock, Mindbenders, Outdoor Adventures/Natural Resources, Poultry, Sewing, Shooting Sports, Small Engines Tractor, & Woodworking.

After School Clubs: Dishman McGinnis & North Warren

Go to our website: www.warrencountyextension.com/club-activities to get more information on club meeting dates and times.

Both Janet and Julie serve as contacts for Kick-Off Night.

New 4-H Year has Begun!!

September is the time for new 4-H enrollment. That means anyone interested in being a member of 4-H (whether you are a current member or a new member) must complete a new enrollment form. The 4-H year runs from September 1st thru August 31st each year. We have lots of exciting things to do in 4-H. Youth can join clubs, participate in projects, compete in events, learn about new things, and practice old skills. 4-H has something for everyone! Youth must be 9-18 years old by January 1,

2025, to be a regular 4-H member, and 5-8 years old by January 1, 2025, to be a Cloverbud member. Spread the word and join 4-H!



Janet and Julie both serve as contacts for 4-H enrollment.

Cooperative **Extension Service**

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, secual orientation, gender identity, gender expression, pregnancy, martial status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



5 Disabilities accommodated with prior notification

Upcoming Leadership Meetings

Below is a list of Leadership Meetings scheduled through November. All meetings are held at the Warren County Extension Office unless noted!



Warren County 4-H Council - Sept 26th • 6 p.m. Warren County CEC Meeting - Oct 30th • 12 p.m. MCA 4-H Teen Council - Nov 11th • 5:30 p.m. in Butler County

Warren County 4-H Council - Nov 25th • 6 p.m.

State Chicken/Turkey BBQ Contest

In July we had 4 youth to compete in the State 4-H Chicken/Turkey BBQ Contest. This contest tested skills in starting a charcoal fire on a grill, grilling a chicken or a turkey, testing for doneness, and testing for taste. We are happy to say that Warren County came home with 1 state champion! Christopher will be representing Kentucky at the National Poultry & Egg Conference in November.

Results are as follows: Jr. Turkey BBQ – Alexander Ledbetter 6th place; Sr. Chicken BBQ – Jason Hoots 3rd place; Sr. Turkey BBQ - Isaiah Ledbetter Reserve Grand Champion; Sr. Turkey BBQ – Christopher Sweets Grand Champion.

State Sr Turkey BBQ Christopher Sweets- Grand Champion





Julie Brown is contact agent for Chicken/Turkey BBQ.

YAIP Funding Impacted Agriculture Projects

The Kentucky Agriculture Development Fund (KADF) awarded the Warren County 4-H Council \$30,000 to administer YAIP funding (50-50 cost share) for agriculture projects. A total of thirty Warren County youth received maximum funding of up to \$1364. Projects included breeding and market animals, chicken coops, lamb walkers, gardening projects, bee equipment, and more. This is the 3rd year of this project. The Warren County Ag Development Council has awarded Warren County 4-H Council \$30,000 for 2025. Applications for the new program will be available in January.

Janet is the contact agent for YAIP.

4-H DOG CLUB NEWS

State 4-H Dog Show Results:

Jr. Showmanship - 1st Macie Shaff, 2nd Lainey Collins, 3rd Baylee Belcher; **Jr. Rally Obedience** - 1st Macie Shaff, 3rd Baylee Belcher; **Agility On-Lead** - Tied for 1st- Elliot Heard and Baylee Belcher, 2nd Lainey Collins, 3rd Macie Shaff; **Costume Class** - 1st Baylee Belcher; **Skillathon Contest** - 1st Baylee Belcher, 2nd Lainey Collins, 3rd Macie Shaff.

4-H Dog Club Members Compete at KY State Fair For the first time, the 4-H Dog Bowl Contest was held at the KY State Fair. Congratulations to the following Warren County 4-H Dog Club members who made the Dog Bowl Contest seem like a walk in the park: *Team 1* (Baylee Belcher, Lainey Collins, and Macie Shaff) -**Grand Champion**; *Team 2* (Elliot Heard, Brooklynn Flikkema, and Thomas Brown)- **3rd place** team. Dog Logo Contest winner: Baylee Belcher.

Janet is contact agent for the Dog Program.



State Fair Results

Cloverville Results

Warren County was represented very well at the 2024 State Fair with over 105 exhibits.

A special congratulations to the following Class Champions:

Alexander Ledbetter: Photography, Careers in Health

Baylee Belcher: Jr Pen and Ink, Arts & Crafts **Jason Hoots**: Largest Tomato by Weight, Horticulture

Maria Eversole: Food Preservation Green Beans Travis Kraus: Match It Up, Non-Clothing Amelia Martin: Chunk Honey, Entomology Cohen White: Any Frame of Capped Honey Suitable for Extraction, Entomology.

Congratulations to all the participants at the State Fair Floral Hall Exhibits as follows: Alexander Ledbetter, Alyvia O'Hara, Amelia Martin, Anabeth Webster,

Andrea Ocasia, Austin Stallings, Baylee Belcher, Christopher Sweets, Cohen White, Dylan Klett, Jason Hoots, Jonas Hosay, Kenna Graham, Lainey Collins, Maria Eversole, Neal Brown, Nealey Webster, Piper Hosay, Tabitha Sweets, Taryn Turner, Thomas Brown, Travis Kraus, & Zan Dayton.



Julie Brown is the contact agent for State Fair Cloverville.

Poultry Club Strikes Again!

State Fair Poultry Contests consist of Showmanship, Poultry Judging, and Avian Bowl. Twelve Warren County youth competed. These youth have studied hard all year. Congratulations to the following for a job well done! Special thanks to Julie Sweets who has worked hard coaching and educating the youth about "all things" poultry.

Poultry Showmanship- Dylan Klett, Jr. Standard Reserve Champion. **Poultry Judging**- Juniors: Taryn Turner, Jr. Overall Champion, Zoey Playforth, 4th place; Seniors: Christopher Sweets- 3rd place, Jace Coles- 4th place, Isaiah Ledbetter participant.

Christopher and Jace qualified for nationals! **Avian Bowl**- <u>Junior Team 1</u> (Dylan Klett, Zoe Playforth, Tabitha Sweets)- Champion Team;l Dylan was Jr. Champion Individual; Team 2 (Alexander Ledbetter, Brynn Pitchford, Taryn Turner)participant; <u>Senior Team</u> (Piper Hosay, Neal Brown, Hallie Whittaker, Jace Coles) State Champion Team; Piper was Reserve Grand Champion; Neal placed 4th.

Piper and Neal qualified for nationals! **T-shirt Contest-** Warren County placed 2nd, special thanks to Slim Chickens for sponsoring our Poultry Teams!!

National Bound- Good luck to Christopher Sweets, Piper Hosay, Neal Brown and Jace Coles as they compete at the National 4-H Poultry Contests in November at the North American International Livestock Exposition in Louisville, KY.

Janet Turley is contact agent for State Fair Poultry.

Country Ham Results

What do Thomas Brown, James Cary, Kayley Hudnall, Isaiah Ledbetter, Layna Taylor, Christopher Sweets, Tabitha Sweets, Anabeth Webster, and Nealey Webster have in common? They were all participants in the 2024 State 4-H County Ham Program. On August 15th, the state competition was held during the Kentucky State Fair. They had to give a 3-4 minute speech over their ham topic and then their ham was judged on aroma, conformation, and color. We are very proud of our 9 youth who participated this year and compliment them on the completion of their project. Each of these youth received two cured hams, ribbons, premiums, and the qualification to apply for college scholarship.

Special thanks is extended to Clifty Farms and Scottsville Processing Plant Manager, Tim Berry, for their donation of expertise and the facility for curing the hams. Sign-ups for the 2025 Country Ham Project will be in November, so be watching your newsletters!



Julie serves as the Contact Agent for the 4-H Country Ham Program

SoKY Fair Results

Wow! 340 entries representing 47 4-H members were exhibited at the Southern Kentucky Fair in July. We had lots of outstanding entries. A total of 105 entries advanced Another big thank you goes to the Bowling Green Jaycees to the Kentucky State Fair.

Congratulations to: AJ Dayton, Akai Riley, Alexander Ledbetter, Alyvia O'Hara, Amelia Martin, Anabeth Webster, Andrea Ocasia, Austin Stallings, Baylee Belcher, Bear Sweets, Ben Kraus, Christopher Sweets, Cohen White, Dylan Klett, Ella Rose Martin, Grace Brown, Hadassah Sweets, Haven Walenga, Hunter Eversole, Isaiah Ledbetter, Jason Hoots, Jaycee Eversole, Jonas Hosay, Junior Moore, Kaya Winiecka, Kayson Collins, Kendee McCarty, Kenna Graham, Lainey Collins, Lydia Martin, Maddie Kraus, Maria Eversole, Max VanSchenkhof, Neal Brown, Nealey Webster, Nehemiah Ledbetter, Noraya Riley, Paige VanSchenkhof, Piper Hosay, Tabitha Sweets, Taryn Turner, Thomas Brown, Tinsley Price, Travis Kraus, Violet Walden, Willow Dillard & Zan Dayton.

A special thank you to everyone who assisted with set-up & entry of exhibits, watched the 4-H exhibits during the fair, and took down the exhibits when it was over. This

program could not be conducted without volunteers helping throughout the week!! for conducting the SoKy Fair and allowing the 4-H members to be a part of the fair.

Julie is the contact agent for SoKY Fair Floral Hall



LIKE US ON FACEBOOK

Warren County 4-H is on Facebook!! Just "like" our page to stay updated with photos from our events as well as for a look at what is coming up on the schedule. www.facebook.com/warrencountv4H

4-H Club Officer Training

Are you interested in being a 4-H Club Officer? If so, start thinking about which office position you'd like to be. You will have to make a little speech in front of your club to let fellow members know a bit about yourself and your qualifications for that office. When you are elected by your club members, plan to attend the 4-H Club Officer Training on Thursday, October 29 at 6 p.m. At this training we will educate members about their new officer roles, have a mock meeting and present new officers with pins. This training will be at the Extension Office from 6-8 p.m. and will include pizza for supper. Please RSVP by October 22nd.

Both Janet and Julie work with the 4-H Club Officer Training.

Teen Conference

The 100th Anniversary of Kentucky 4-H Teen Conference was extra special this year. Lots of workshops, community service projects and a special dance event at Spindletop Hall were enjoyed by over 500 teens across the state. Warren County had the 2nd highest delegation with 19 teens, 2 adults and 1 agent. Teens who were selected for state leadership boards were Avenley Cole- SET Board; Christopher Sweets, Harrison Shaff and Neal Brown-Shooting Sports Teen Ambassador Board. Special congratulations to Avery Cole who completed her officer term as State 4-H Vice-President. She did a fantastic job and made a definite impact on Kentucky 4-H. 2025 Teen Conference Dates will be June 10-13 and will be \$300/person.

Janet is contact agent for Teen Conference.



Warren County had three Junior Culinary Challenge Teams to compete on August 10th at the Washington County Extension Office. Team 1 was made up of Amelia Martin, Nealey Webster & Jordan Grimes. Team 2 was made up of Chloe Adamson, Jacob Higdon & Alexander Ledbetter. Team 3 was made up of Allie Ford, Ezra Goebel, and Elianah Goebel. At the state contest, they were given a recipe of Cajan Seasoned Fish with Rice to create. They were judged on their ability to follow the recipe, preparation skills, and talk about the nutritional value of the recipe. The Senior Culinary Challenge Team included Neal Brown, Kenna Graham, & Piper Hosay. They were given 3 secret ingredients (lavender, plums, and sorghum) to create a dish with.





They were judged on creating a dish with the secret ingredients, preparation skills, and completing it on time. All teams have been practicing since June for this competition along with their coaches Andria Higdon and Anna Sweets. Team 3 (Allie, Ezra, & Elianah) received 2nd place in the Junior division!! The Senior Team (Neal, Kenna, & Piper) received 1st place in their division!! They will compete at the National Culinary Competition on October 1st in Dallas, Texas! Good Luck to them!!

Julie is contact agent for the Culinary Challenge Team.

Bank Contest

The Piggy Bank Design Contest is a creative way for youth to learn the importance of saving money and reducing debt. Students will create a piggy bank of their own design with the following rules:

- Any K-12th grader
- Banks do not have to be in the shape of a pig
- Banks must be created or decorated by the contestant. Julie is the contact agent for Banks must hold coins
- Banks cannot be larger than 12 inches x 12 inches x 12 inches (1 foot square)
- You may use or repurpose other containers
- Deadline to enter is Friday, December 6

The county winner will advance on to the Area Contest. Area winners will have their name, grade, county and winning piggy bank displayed in the Capitol Rotunda in Frankfort during March & April 2025. For more information contact Julie at the Warren County Extension Office.

the Piggy Bank Design Contest.



4-H Council Members Needed

The Warren County 4-H Council is always looking for both teens and adults that want to help guide the 4-H program to improve our community. The 4-H Council meets 5 times a year in the evenings for about hour and half. During the meetings members review the treasurer's report, listen to program reports, and make decisions/suggestions on upcoming programs. If you would be interested in serving on the 4-H council, please contact Julie or Janet at the Warren County Extension Office.

Julie and Janet serve as contacts for the 4-H Council.

Cloverbud Camp was a Success!!

There were 41 Cloverbuds and parents that attended Cloverbud Camp June 21-23! All had a wonderful time and the Cloverbuds got a taste of what 4-H Camp is really like. The campers participated in different classes like canoeing and fishing, night time activities, free swim, and roasting s'mores. Cloverbud Camp is open to all 5–8 year-olds and a parent must attend as well. Watch your newsletter for more information on the 2024 Cloverbud Camp.

Julie is the contact agent for Cloverbud Camp.





If you missed 4-H Camp this year you missed a lot of FUN! Warren County took 109 campers, adult & teen volunteers, and agents. Campers got to do lots of things like attend classes, swim, gaga ball, and much more. Watch upcoming newsletter for 2025 camping dates.



Many thanks to our adult and teen volunteers who served as cabin leaders and instructors during camp. We could not go to camp without you! Both Janet and Julie work with 4-H Camp.



West Kentucky 4-H Teen Retreat

Calling all teens 8th grade and up. There will be a teen retreat at West Kentucky 4-H Camp on October 25-27. Delegates will arrive by 5 p.m. on Friday and depart at 10:45 a.m. on Sunday. The cost is \$90 per person. Participants will attend workshops, fun shops, dances and team challenges. We will need parent chaperones to help transport and chaperone. Anyone interested in registering for this conference should apply at the Extension Office by October 1.

Janet is contact agent for West KY 4-H Teen Retreat.

State Fair Livestock Shows

Exhibiting livestock at the Kentucky State Fair is quite thrilling. 4-H members who step into the arena are hoping for the ultimate prize (top ten, or a chance to compete in the championship drive). Eight Warren County youth tried their best and did very well. Let's congratulate the following: **Beef**: Tucker Metzger 3rd place beef showmanship & Champion KY Proud Simmental Heifer; Madison Metzger Simmental Bull Champion & Supreme Bull. Goats: Madison Metzger 2nd and 3rd place market goat & Reserve Division KY Proud Champion, Akai and Noraya Riley novice goat participants. Lambs: Karlie Grant-undefeated in both breeding and market lamb showmanship classes, also three 1st place classes, three 2nd place classes, one 4th, and 1st, 1st, 2nd in KY Proud, Ayda Doyle- 8th in market lamb showmanship, 3rd in commercial ewe and 2nd in KY Proud, Luke Renfro- 3rd, 5th, 6th place market lamb classes, 5th place breeding ewes, 5th in breeding showmanship, 6th in market lamb showmanship; Swine: Liam Kingery- participant. Janet is contact agent for livestock programs.



State Horse Contest Results

The Rough Riders did an amazing job at the 2024 Kentucky 4-H State Horse Contest! The results are as follows:

Junior Horse Bowl Teams: State Jr. Champion Team -Warren A (Brenna Bouldin, Kenzie Rotermann, Anna Rogers, Hallie Hughes), 2nd place team- Warren B (Catherine Ivey, Tenley Bouldin, Trista Dewey). Individual placings: 1st Catherine Ivey, 2nd Hallie Hughes, 3rd Brenna Boulding, 6th Kenzie Rotermann, 7th Anna Rogers, 9th Tenley Boulding.

Senior Horse Bowl Team: State Sr. Champion Team (Anne Howard Waugh, Sydney Thomas, Abbey Bouldin). Individual placings: 1st Anne Howard Waugh, 3rd Abbey Bouldin.

Photography: Catherine Ivy- 2^{nd} in sequence of 3 and 2^{nd} in black and white

Art: Anna Rogers- 2nd in Art Kit Junior; Trista Dewey - 1st and 5th in Jr. Art Original Design; Anne Howard Waugh- 1st and 2nd in Sr. Art Original Design; Abbey Bouldin- 6th in Sr. Art Original Design

Jr. Hippology: Judging Phase: 1st place Jr. Team (Brenna Bouldin, Kenzie Rotermann, Anna Rogers, Hallie Hughes), 4th place Team (Catherine Ivey, Tenley Bouldin, Trista Dewey); Individual Placings- 1st Hallie Hughes, 6th Tenley Bouldin, 7th Kenzie Rotermann, 8th Anna Rogers

Written Phase: 1st place Team (Brenna, Kenzie, Anna, Hallie), 3rd place Team (Catherine, Tenley, Trista); Individual Placings- 1st Hallie, 3rd Anna, 4th Catherine, 5th Brenna

Area Horse Info Forum

Growing the 4-H Horse Program from the Ground Up is the theme for the <u>W7W8 4-H Horse Informational Forum</u> which takes place on Saturday, Nov. 16 - 9 a.m.- 2 p.m. The forum will focus on strategies for educating 4-H members on hippology, horse bowl, and horse judging. All adults and teens 16 and up are invited to attend. This is not just for certified horse club leaders, but any adult interested in learning more about the 4-H Horse Program. The cost is free for those who pre-register. RSVP by Nov. 1 by calling the Extension Office at 270-842-1681.

Janet is the contact agent for County Horse Programming and W7W8 Horse Management Team. **Stations Phase:** 2nd place team (Brenna, Kenzie, Anna, Hallie), 3rd place team (Catherine, Tenley, Trista), Individual Placings: 1st Hallie, 3rd Catherine, 7th Brenna, 8th Trista;

Overall Champions: Grand Champion Team (Brenna, Kenzie, Anna, Hallie), 4th place team (Catherine, Tenley, Trista); Individual Overall Placings: 1st Hallie, 4th Catherine, 6th Anna, 8th Brenna, 9th Tenley.

Sr. Hippology Team (Anne Howard Waugh, Sydney Thomas, Abbey Bouldin): Stations- 2nd place team, Judging- 3rd place team, Written- 3rd place team, Overall-3rd place team. Individual placings- Anne Howard- 6th Written, 9th Overall; Sydney- 6th Judging, 5th Written, 7th Overall; Abbey- 9th Judging, 10th Overall.

Janet is contact agent for 4-H State Horse Contest.



State 4-H Horse Show

The state 4-H Horse Show was held in August this year. Catherine Ivey represented Warren County well by earning High Point Awards in: Junior Speed Division and Jr. Hunter Division. Congratulations Cat!



Shooting Sports News



Shooting Sports Members Bring Home Awards! A total of 38 Warren County 4-H members shot at the State 4-H Shooting Sports Contest during the weekend of September 7-8. Members competed for marksmanship awards in .22 pistol, .22 sport rifle, archery, black powder, and trap. Congratulations to all who competed! Special thanks to our coaches and coordinators who have worked throughout the summer conducting range practice sessions! Results included:

12-14 year .22 pistol - James Cary (3rd place) **12-14 year .22 sports rifle** - Anthony Akridge (3rd place)

12-14 year .22 sport rifle team- Anthony Akridge, Garrett Johnson, Alexander Ledbetter, Liam Kingery (2nd place)

9-11 year barebow archery - Charlotte Wright (3rd place)

12-14 year barebow archery - Neal Brown (2nd place) **12-14 year barebow archery team** - Neal Brown,

Whitney Alford, Alexander Ledbetter, & Stella Johansen (3rd place)

12-14 year percussion black powder - Anthony Akridge (1st place)

12-14 year percussion black powder team - Anthony Akridge, Neal Brown, Isaiah Ledbetter, Garrett Johnson (1st place)

15-18 year flintlock black powder - Christopher Sweets (2nd place)

12-14 year pistol black powder - Garrett Johnson (1st place)

12-14 year pistol black powder team - Garrett Johnson, James Cary, Neal Brown (1st place)

15-18 year pistol black powder - Christopher Sweets (2nd place)

Shooting Sports Club Hosted 2 Events

This past summer Warren County hosted two invitational shooting sports contests. The first event was June 1 with 200 participants from 17 counties competing in 375 events. The second event was a Black Powder event that hosted 17 shooters. A big thank you goes to all our coaches (17 adults and 11 teens) and the **Green River Gun Club** for allowing us to use their state-of-the-art range to host the contests. We really appreciate their support of our 4-H program!



Information Meeting and Safety Trainings

Youth, 9-18 years old, interested in learning more about gun safety and marksmanship can enroll in the 4-H Shooting Sports Program. Members must own their own equipment. Disciplines offered include rifle, pistol, archery, black powder, and trap. There will be an informational meeting on Monday, **November 11** at 6:00 p.m. at the Warren County Extension Office. Participants are required to attend one safety training: **February 24, March 11** or **April 21** at 6:00 p.m. at the Extension Office.



Janet is contact agent for the Shooting Sports Program.

Avery Cole Completes State Officer Term

Avery, Kentucky 4-H Vice-President, traveled far and wide this past year to perform state officer duties. She got to experience some cool activities including attending the Fleming County Tractor Parade where they had the largest tractor parade in Kentucky. She also traveled to Frankfort, KY to sign the proclamation for National 4-H Week with Governor Andy Beshear. She attended Ag Tag Promotions, presented numerous awards at the Kentucky State Fair, toured H & R Agri-Power, and was a featured speaker at the Emerald Gala. In June, it was bittersweet, she wrapped up her year as an officer and said farewell to more than 500

Teen Conference delegates. We are so proud of Avery and everything she accomplished this year.

Janet is the contact agent for State 4-H Officers.



4-H Spotlight

Lights, Cameras, Action.....We are looking for 4-H members who want to showcase their 4-H projects on social media. Any youth, 9-18 years old, can showcase their projects. We'd like to showcase one 4-H member per month. If your child is interested in this opportunity, please contact Janet at jturley@uky.edu and let her know which project you are interested in showcasing.

Janet is contact agent for 4-H Spotlight.

TSC Clover Campaign











Funds support 4-H camp, scholarships & leadership activities.



Friday Fun Night

Join us on Friday, November 8, 6-8 p.m. for free pizza and fun and games! Bring your family or just come by yourself. We will have gaga ball, corn hole, ping pong, card games and so much more! Registration deadline is Wednesday, November 6. Plan to bring 2-liter drinks or snacks to share.

Both Janet and Julie are contact agents for this event.

Achievements Forms, Record Books, & Community Pride Forms Due Soon

August was the final month for the 2023-2024 4-H year. With this ending comes the opportunity for participation in 4-H RECORD BOOK JUDGING. If you were age 9-18 as of January 1, 2024, you are eligible to participate in this competition. The record book form that you need to complete can be picked up at the Warren County Extension Office. Secretaries, regardless of age, can submit their CLUB SECRETARY BOOK for judging. In addition, individual club members or a club can submit COMMUNITY SERVICE PROJECT RECORDS for competition.

All information contained in these records must be completed by August 31, 2024. All records are due to

the Extension Office by October 14th. Call today for tips on how you can put together an entry. Julie will be hosting an Achievement Workshop to answer questions on the Achievement Program and Record Books on Thursday, October 3rd at 6pm.

Julie serves as the Contact Agent for Junior Record Books, Achievement Application, Secretary's Book, and Community Pride Reports.



State Communication Contest

Wow! Three Warren County 4-H members competed at the State 4-H Communications Day and all of them did very well including one 4-H member winning state champion!

Congratulations to the following: Jr. Animal Science - Baylee Belcher (Blue) Sr Digital Media – Neal Brown (Blue/State Champion) Sr. SET – Josh Martin (Blue)

Janet is the contact agent for Talk Meet and Julie is contact agent for Demonstrations & Mock Interview.



Alpaca Show Results

Congratulations to all of our Warren county 4-H members that participated in the SoKY Fair Alpaca Show. Special thanks to Dr. Elaine Painter and Monica Klett, Alpaca Club Leaders and all parents who help support this group.

Champions are as follows: Zoey Playforth, Grand Champion Showmanship and Grand Champion Overall Winner; Anna Rogers, Reserve Grand Champion Overall Winner; Piper Hosay, Grand Champion Obstacle.

Division Winners included: 1st Year Obstacle-Savannah Playforth; 1st Year Showmanship- Haven Walenga; 2nd Year Obstacle and 2nd Year Showmanship- Zoey Playforth; 3rd Year and Up Obstacle- Piper Hosay; 3rd Year and Up Showmanship-Anna Rogers.

Janet is the contact agent for the alpaca program.



Cooking with Kids

Build Your Own Ramen

Recipe

- 1 package ramen noodles (any flavor)
- • 2 cups water
- 1 can (5 ounces) chicken or tuna
- 1 cup mixed vegetables or a vegetable of your choice
- Seasoning of your choice (garlic powder, onion powder, Italian seasoning, lemon pepper, or allpurpose seasoning.)
- 1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- 2. Prepare ramen in a microwave (or stovetop) according to package instructions.
- 3. Add chicken or tuna and vegetables and heat for 30 seconds to 1 minute in the microwave until heated through.
- 4. Note: If using the seasoning packet included in the package, try using only half of the flavor packet and adding your own spices.

• 5. Store leftovers in the refrigerator within 2 hours.

Tips: Avoid food waste by using leftover rotisserie or baked chicken. Make it a family fun night by being in the kitchen together and letting everyone choose what veggies and protein to include.

Makes 1 serving - Serving size: 1 ramen bowl Nutrition facts per serving: 240 calories; 4 g total fat; 1 g saturated fat; 0 g trans fat; 45 mg cholesterol; 710 mg sodium; 31 g total carbohydrate; 3 g fiber; 3 g total sugars; 0 g added sugar; 21 g protein; 0% Daily Value vitamin D; 4% Daily Value calcium; 10% Daily Value iron; 6% Daily Value potassium

Source: https://www.planeatmove.com/recipes/recipe/ build-your-own-ramen



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Warren County 4-H Calendar

The following is a listing of upcoming 4-H events and activities. Anyone needing additional information concerning any of these events prior to our next mailing can contact our office:

By Phone: By Email:

(270) 842-1681 Janet Turley ~ jturley@uky.edu Julie Brown ~ julie.brown@uky.edu 5162 Russellville Road ~ Bowling Green, KY 42101 By Mail:



October 3 October 14 October 25 thru 27 October 29 October 30 October 31

Achievement Program Workshop All Record Books Due to Extension Office West KY 4-H Teen Retreat 4-H Club Officer Training, 6pm County Extension Council Meeting, Noon Happy Halloween



November 1 November 2 November 5 November 8 November 11 November 16 November 25 November 28 & 29 Nov 29 thru Dec 15

December 6 December 7 December 14 December 16 December 24 thru Jan 1 Deadline to register for the W7W8 4-H Horse Informational Forum - 270-842-1681 Time Changes - Set Clocks Back 1 Hour, 2am Warren County Extension Office CLOSED for Election Day Family Fun Night, 6-8pm MCA 4-H Teen Council Meeting, 5:00pm, Butler County W7W8 4-H Horse Informational Forum, 9am-2pm Warren County 4-H Council Meeting, 6pm Warren County Extension Office CLOSED for Thanksgiving Break Paper Clover Campaign at TSC



Piggy Bank Contest Entries Due to Extension Office Bowling Green Christmas Parade Woodburn Christmas Parade Area Achievement Banquet (Invitation Only) @ National Corvette Museum Warren County Extension Office CLOSED for Christmas Break



January 20 January 21 thru 24 Warren County Extension Office CLOSED for Martin Luther King Jr Day Career Shadowing Books due to the Extension Office



Capitol Experience Valentines Day

February 4 February 14